

# ST PATRICK'S GUILDFORD



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Newsletter 1

Thursday, 20th October 2022



#### PRINCIPAL'S MESSAGE

Dear Parents,

Of all the qualities parents desire for their children, resilience is often one of the highest on the list. Resilience is our ability to cope with futility. It's about all those moments in life - large and small, major and minor - that don't go quite the way we'd like them to. Being resilient means being able to handle things going wrong and having the ability to find creative solutions to problems. It means bouncing back from emotional hurts or coping with failure. In short, being resilient is about surviving life's adversities.

How does this sense of recovery and emotional strength develop? What can parents do to help kids learn to handle failure and futility?

Fortunately, childhood is filled with opportunities for children to develop resilience. Children encounter challenges every day that bring up inevitable feelings of frustration, anger, sadness, or fear. Things such as:

- Trying to make something work that doesn't
- Not being perfect
- Failing
- Wanting to hold on to a good experience
- Not being able to have mum or dad all to themselves
- Wishing to go back in time (wanting to change something they've done)
- Losing at games or contests
- Not being able to know what will happen in the future
- Not being big enough/ tall enough/ strong enough for their own satisfaction
- Being excluded (among peers or siblings)
- Not being able to control outcomes or another's decisions or choices
- Not being able to have their own way all the time

It is in these kinds of situations that we tend to want to protect our children. We are inclined to offer rationalisation, justification, and protection from life's futilities.

- "What do you mean you don't like your picture? It's beautiful!"
- "You're really good at this game; we'll play again and maybe this time you'll win!"
- "Oh, you don't want to play with those kids anyway, not if they're not going to invite you."

Our instinct is to protect our children, but in our eagerness to do so, it's also easy to overprotect. We tend to want to shield our kids from all of life's difficulties. After all, we just want them to be happy. The thing is, a little unhappiness is the very thing that's needed when it comes to a child's development of resilience. The more we try to protect children in difficult situations, the more we send the message we're afraid they're unable to handle them. But they can. And they will, if they're given both opportunity and support.

Totally understand, it is not easy being a parent.

Steven Fones

Principal At St Patrick's we are making a difference by being safe, respectful learners.

#### **UPCOMING DATES**

#### Week 3

24/10 Assembly 8:45am
25/10 6:00pm-7:00pm Parent Group
Meeting
27/10 8:45am-10:15am Kindergarten 2023
Orientation, Day 1 - Group 2
28/10 8:45am-10:15am Kindergarten 2023
Orientation Day 2 - Group 2
28/10 World Teacher's Day

#### Week 4

31/10 Assembly 8:45 01/11 Year 3 Excursion - Botanical Park 8:30am-2:30pm 01/11 All Saints Day 02/11 All Souls Day

# **NOTES HOME**

13/10 <u>Bus Travel</u> 13/10 <u>Year 4 Essential Items</u>

#### **ASSISTANT PRINCIPAL'S MESSAGE**

# **Supporting your Child with Reading**

Top 7 Tips for Parents

On Tuesday evening we had our parent information session for families of children starting Kindergarten in 2023. During these meetings we always speak about the importance of talking with your child and reading, so the following tips are a reminder about just how important your support is in helping your child to read. As a parent, you are your child's first and foremost teacher. When you help your child with reading, you are opening the door to a world of books and learning. It is the joy and love of sharing a good book on a nightly basis that sets the foundation for your child's reading success, and ensures that reading is seen as a priority.

# Tip 1 - Talk to Your Child

Learning to read begins with talking. Children need opportunities to interact and talk with others. Recent research indicates that children are communicating with commands and demands rather than being competent in extended conversations. Electronic devices may be inhibiting the time children spend talking. Children need to be included in interactions with significant others and to ensure that happens, children need time away from electronic devices.

Parents need to talk with their children! It is in the context of engaged conversations that children expand their vocabularies, increase their understanding of the world, learn about themselves, and learn the nuances of the language and effective communication.

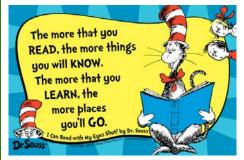
Some ideas to start the talking...

- \* Ask your child to tell you about his or her day; about activities they have participated in and what he or she thinks or feels.
- \* Tell family stories about yourself, your child's grandparents, and other relatives.
- \* Retell family holidays or family events, trying to remember specific details.
- \* Ask your child lots of questions.
- \* Talk about world issues seen in the media.

# Tip 2 - Make Reading Fun

Reading aloud can be a lot of fun, not just for parents but also for all family members.

- \* Read with drama and excitement! Use different voices for different characters in the story.
- \* Use your child's name instead of a character's name. Make puppets and use them to act out a story.
- \* Re-read your child's favourite stories and choose books and authors that your child enjoys.
- \* Read stories that have repetitive parts and encourage your child to join in.
- \* Read all kinds



# Tip 3 - Read Every Day

Reading is something that you and your child can look forward to every day. By taking the time to read with your child, you show him or her that reading is important and fun to do.

- \* Set aside a special time each day when you can give your full attention to reading with your child.
- \* Choose a comfortable spot to read, where you can be close to your child. Make it your "reading place"!

- \* Vary the length of reading time according to your child's age and interests.
- \* Read slowly so that your child can form a mental picture of what is happening in the story.
- \* Praise your child for his or her ideas and participation!
- \* When you and your child are away from home, take along books for your child to read and listen to.
- \* Keep reading to your child even after he or she has learned to read. By reading stories that will interest your child can stretch your child's understanding and keep alive the magic of reading.

# Tip 4 - Set an Example

As a parent, you are your child's most important role model. If your child sees you reading, especially for pleasure or information, he or she will understand that reading is a worthwhile activity.

- \* Read recipes, food labels, schedules, maps, instructions and brochures.
- \* Read traffic signs and signs in stores and restaurants.
- \* Look up information in cookbooks, manuals, phone books, atlases, and dictionaries.
- \* Read greeting cards, letters and e-mail messages to and from relatives and friends.

## Tip 5 - Listen to your child read

As your child learns to read, listen to him or her read aloud. Reading to you gives your child a chance to practise and to improve his or her reading skills. As you listen to your child, remember that your reactions are important. Be enthusiastic and praise your child as often as you can. If possible, be specific with your praise so that your child knows what he or she is doing well.

- \* Show your child that you are enjoying the story by indicating interest and by asking questions.
- \* Give your child time to figure out tricky words, and show your child how he or she can learn from mistakes.
- \* Try to have your child read aloud to you at times when there will be no interruptions.
- \* Make sure that your child selects books that aren't too difficult. Don't worry if the books your child chooses are a little easier than the ones he or she reads at school.
- \* Encourage your child to "listen" to his or her own reading. Listening will help him or her hear mistakes and try to fix them.
- \* Take turns reading with your child, especially if he or she is just beginning to read, or try reading together.
- \* Talk about a story after your child has read it, to make sure that he or she understands it.

## Tip 6 - Talk About Books

Talking about the books you read is just as important as reading them. Discussing a story or a book with your child helps your child understand it and connect it to his or her own experience of life. It also helps enrich your child's vocabulary with new words and phrases.

- \* Ask your child about the kinds of books he or she would like to read.
- \* Talk to your child about your favourite books from childhood and offer to read them.
- \* Encourage your child to ask questions and to comment on the story and pictures in a book.
- \* Look at the cover and the title of a book and ask your child what he or she thinks might happen in the story.
- \* Encourage your child to think critically about the story. Does he or she agree/disagree with the author? Why?
- \* Think out loud about the story as you read and encourage your child to do the same. For example, ask, "Does this make sense? Why or why not?"

#### Tip 7 - Show that you value your child's efforts

Remember, your child needs to know that you value his or her efforts. Children learn to read over time, with lots of practise and support from parents and teachers.

- \* Be aware of your child's reading level, but use that information in a positive way. Choose books and activities that are at the right level and that will help your child improve his or her reading skills.
- \* Be patient and flexible in your efforts to help your child.
- \* Show your child that you see him or her as a growing reader, and praise his or her efforts to learn.

"The books transported her into new worlds and introduced her to amazing people who lived exciting lives."

Matilda by Roald Dahl

Happy Reading & a safe and blessed Easter!!!!!

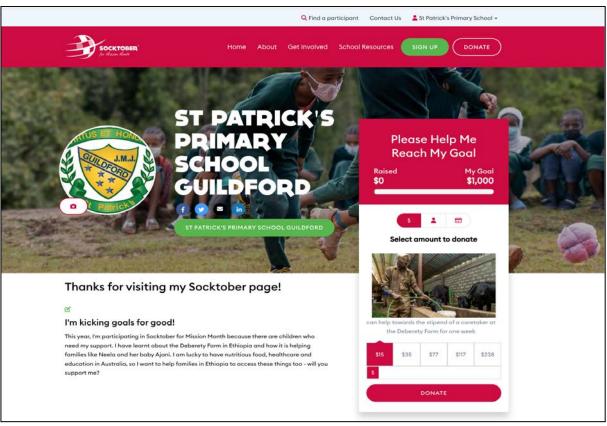
Tracy Hoey Assistant Principal

# **RELIGIOUS EDUCATION COORDINATOR**

#### CONFIRMATION



Year 5 Students who are eligible to be candidates for Confirmation (baptised in the Roman Catholic Church) and any Year 6 student who has left their contact details with the office and are eligible have received their forms to receive this sacrament this term on 19th November at 5.30pm. All forms need to be returned to the Parish Office.



# MISSION AND SOCIAL JUSTICE

This term the school's focus is "Making a DIfference by Imitating the Love of the Trinity" to those in need. The Shamrocks'- student Faith in Action Group have organised activities to engage the K-6 students by teaching them about how they can make a difference to those in need by using their gifts and talents.

On Tuesday, Dorothy and Sony from Catholic Missions presented workshops for Yrs 4, 5 and 6 to highlight the needs and privileges around the world. Students were able to empathise with those who live in countries that have people and children who are homeless, have no access to their essential needs or resources to break the poverty cycle.











As a result, the school had registered for "Socktober". Through various fundraising and awareness activities, the students can donate towards Catholic Missions. Parents and friends are also invited to donate using the link below. Make sure to search and donate through the St Patrick's Primary School Guildford Team. Our aim is to raise \$1000 this term. If each students donates \$3 we have exceeded our goal! <a href="https://www.socktober.org.au/fundraisers/StPatricksPrimarySchoolGuildford/socktober-2022">https://www.socktober.org.au/fundraisers/StPatricksPrimarySchoolGuildford/socktober-2022</a>

#### **BIBLE STUDY**

The Shamrock's hosted their first Bible Study groups on Wednesday 19th October. Their focus scripture was The Mustard Seed. K-2 met at recess and Yrs 3-6 at lunchtime. All students responded well and could link the theme to themselves having an impact even though they are young. Next week the students will continue unpacking the meaning of this scripture through a response activity which will be displayed for others to see. Thank you Shamrock's for your organisation and witness.

















#### **FEAST DAYS**

22 October St John Paul II

23 October World Mission Day

24 October St Anthony Claret

28 October Sts Simon and Jude

1 November All Saints

2 November All Souls' Day

3 November St Martin de Porres

4 November St Charles Borromeo

Yours in Christ,

Wardeh Khoury

# **NEW SCHOOL UNIFORM**

St Patrick's has finalised the arrangements for the supply of the new school uniform with Oz Fashion. Early next week existing families will be informed of a fitting day for the new uniform and ordering procedures. Due to the current world wide staffing and resource difficulties the new uniform will need to be ordered by 9 November 2022 to ensure it is air freighted to Oz Fashion in time for the commencement of the 2023 school year. A reminder that there is a two year transition period (2023 & 2024).

MERIT AWARDS - Congratulations to the following students										
KBlue	Miled Moussalem	KGreen	Joseph Saady							
1Blue	George Atie	1Green	Lovini Nau							
2Blue	Elijah Cindric	2Green	Daniella Jurdi	2Yellow	Joseph Iloba					
3Blue	Izayah Obeid	3Green	Charbel Diab	-						
4Blue	Ella Saba	4Green	Isaac Ibrahim							
5Blue	Rita Makdsi	5Green	Ava-Marie Boutros							
6Blue	Pesi Amone	6Green	Elijah Makiroa							







**GOLD AWARDS** 



# **WELLBEING**

This week the children have been given a mission. Mission fill our School Jar! As the year is fast coming to an end the School Jar is well on its way to being filled. Each grade is required to fill their Gem jar one more time and the School Jar will be full. The children of St Patrick's are working hard to achieve an end of year reward day. Keep the gems coming!!!!















Remember that Paddy says...

> Mission-Let's fill the School Jar!



# Problem of the Week



	Grade K	How many peas are there? Draw other ways the same peas could be arranged on each side.			
	Grade 1	After a rabbit ate some peas from this pod there were 7 peas left. How many peas did the rabbit eat?			
	Grade 2	Is the number of peas in the pod odd or even? How do you know?			
	Grade 3 A serving of peas is about 9 pea pods. About how many peas are in a serving?				
	<b>Grade 4</b> Fun Fact: In 1984 Janet Harris of Sussex, UK set the world record for eating 7,175 peas. About how man pods would that be? How do you know?				
	Grade 5/6	Janet Harris (see fun fact above) ate 7,175 peas in 1 hour. About how many peas did she eat in a minute?			

This is 1 pea pod split open.



Hand in your solutions to Miss Fadel or take a photo of your solutions and send to <a href="mailto:stpatsguildford@parra.catholic.edu.au">stpatsguildford@parra.catholic.edu.au</a>. Every submission puts you in the draw for a chance to win a prize at the end of the term.

Dalia Fadel Numeracy Leader

#### LIBRARY



This week all students should have been given a Book Club brochure to bring home. This brochure has some great items that you can purchase to help stimulate your child's learning during the upcoming school holidays or in the lead up to Christmas. You and your child can look through this brochure and choose any items that you would like to purchase. Please remember that our school does not accept cash purchases for Book Club so to order you simply need to follow the directions in point 1 on the second last page of the brochure. (Do not send any forms or money to school). Orders that have been placed online will be

validated by our book club organiser next. Tuesday and then again the following Tuesday. Items are then received at our school within a couple of weeks which will be bagged and sent home with students. Any late orders submitted after the second submit will require parents to pay for books to be shipped to their homes.

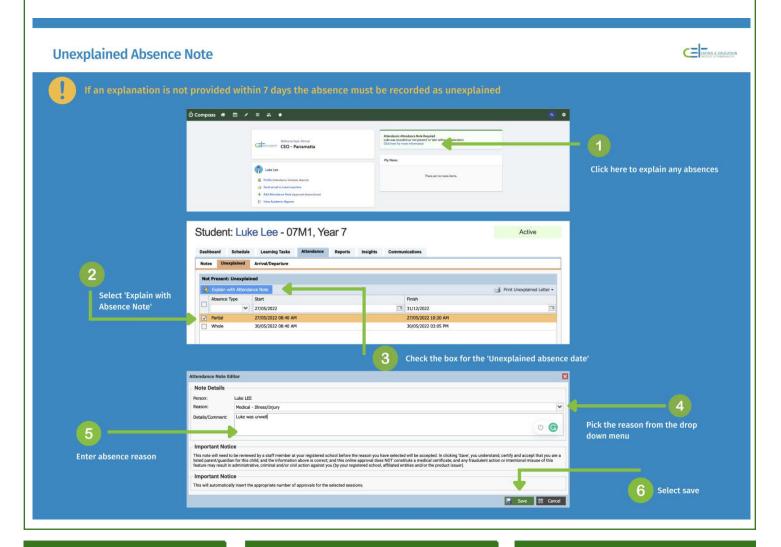
# **ATTENDANCE - COMPASS PARENT PORTAL**

Reminder of a new way to receive and explain your child's 'Unexplained Absences'

We will be sending our Unexplained Absence Letters via email instead of a hard copy from Term 4. The email will provide a link to your Compass parent portal to explain any outstanding Unexplained Absence for your child. The sender of the email will be 'Compass Chronicle' and the title of the email will be 'Not Present/Late: Unexplained' Parent Letter.

As a parent/carer, you can access the parent portal at any time to explain your child's absence through the Attendance tab. Please note that all absences must be explained within 7 days, otherwise they are recorded as an Unexplained Absences.

Please find attached a help sheet on how to explain your child's absence through the parent portal. If you have any further queries please contact the school on <a href="mailto:stpatsquildford@parra.catholic.edu.au">stpatsquildford@parra.catholic.edu.au</a>



# **SCHOOL HATS**

Due to the change of uniform, we will be selling existing hats for \$5.00 from the school office at the beginning of Term 4. Only Eftpos will be accepted for payment.

#### **COURTESY WHEN PARKING**

Reminder to all parents - Please be considerate of the Church, Parish House and our neighbours by not parking in or across any driveways. Also, please be extremely careful when turning into driveways as our students walk up the footpaths.

# **LABEL ITEMS**

As the weather warms up and students take off their jumpers and jackets, a reminder to please ensure that your child's name is clearly labelled on every item of clothing (and lunch boxes). Currently we have a number of items with no name located in the school office.

# St Patrick's Guildford Term 4 Planner 2022 @ 22 September 2022

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
1	10/10 Staff Development Day Word Mental Health Day	11/10 8:30am Assembly Cerdon College Year 7 Orientation Day	12/10 8:30am Penance - 5G 9:15am Mass - Year 5	13/10	14/10 Year 1 Ranger Jamie Excursion	15/10
2 Mission Week	17/10 Term overviews sent home 8:30am Assembly	18/10 6pm Kindergarten 2023 Information Night	19/10 Kindergarten Incursion	20/10 8:45-10:15am Kindergarten 2023 Orientation Day1 - Group 1	21/10 8:45-10:15am Kindergarten 2023 Orientation Day 2 - Group 1	22/10 23/10 Mission Sunday
3 Mission Week	24/10 8:30am Assembly	25/10 6pm Parent Group	26/10	27/10 8:45-10:15am Kindergarten 2023 Orientation Day1 - Group 2	28/10 World Teachers Day Stage 2 Touch Football Gala Day 8:45-10:15am Kindergarten 2023 Orientation Day 2 - Group 2	29/10
4 Mission Week	31/10 8:30am Assembly	1/11 All Saints Day Year 3 Botanical Gardens Excursion	2/11 All Souls Day	3/11	4/11	5/11 6/11
5	7/11 8:30am Assembly Yrs 3-6 Basketball Gala Day	8/11	9/11 St Pauls Greystanes Year 7 Orientation Day	10/11 Parramatta Marist Year 7 Orientation Day	11/11 Remembrance Day Catherine McAuley Year 7 Orientation Day Stage 3 Touch Football Gala Day	12/11 13/11
6	14/11 8:30am Assembly 6:30pm Parent Representative Council meeting	15/11	16/11	17/11	18/11 Staff Development Day	19/11 5:30pm Confirmation 20/11
7	21/11 Staff Development Day	22/11 8:30am Assembly	23/11 8:30am Penance - 6B 9:15am Mass - Kindergarten 7pm Year 6 Parent Information Night on Puberty	24/11	25/11 Year 2 Ranger Jamie Incursion 9-9:45am Kindergarten 2023 Playgroup	26/11 27/11 1st Sunday of Advent
8	28/11 8:30am Assembly	29/11	30/11 8:30am Penance - 6G 9:15am Mass - Year 4 Delany College Granville Year 7 Orientation Day	1/12	2/12 9-9:45am Kindergarten 2023 Playgroup Year 4 Places are Similar & Different Incursion	3/12 4/12 2nd Sunday of Advent
9	5/12 8:30am Assembly	6/12 Patrician Brothers' Fairfield Year 7 Orientation Day  5:30pm Whole Christmas Presentation	7/12 8:30am Penance - 2Y 9:15am Mass - Year 3	8/12 Immaculate Conception of the Blessed Virgin Mary	9/12 Semester 2 Reports sent home 9-9:45am Kindergarten 2023 Playgroup	10/12 11/12 3rd Sunday of Advent
10	12/12 9-10:30am Kindergarten - Year 5 End of Year Awards	13/12 11am Promotion 2023	14/12 9:15am End of Year Mass 5:30pm Year 6 Awards & Graduation	15/12	16/12 Last Day of Term 3	17/12 18/12` 4th Sunday of Advent
11	19/12 Staff Development Day	20/12	21/12	22/12	23/12	24/12 25/12 Christmas Day