



ST PATRICK'S GUILDFORD



Principal: Steven Jones
34 Calliope Street
Guildford 2161
Phone: 8728 7300
Email: StPatsGuildford@parra.catholic.edu.au
www.stpatsguildford.catholic.edu.au

Parish Contact Details
Parish Priest: Fr Peter Blayney,
Parish Associate: Sister Helen Cunningham OP
Phone: 9632 2672

Newsletter 2

Thursday, 3rd November 2022



PRINCIPAL'S MESSAGE

Dear Parents,

On Tuesday we celebrated "All Saints Day". These people are the heroes of the church, people to aspire to and try to emulate. We remember and hear about the saints who dedicated their life to God. They allowed God's spirit to work through them, and to fill them with love so that they could do ordinary things extraordinarily well.

Our children's choice of heroes usually follows a fairly predictable pattern. Young children often choose their parents as heroes because parents are their immediate providers and caretakers. As children grow and begin to question their parents' influence, they choose peers as heroes, often someone close to their own age who had "made it big" as a rock star or sports person. Older teens usually admire people who can think for themselves and act individually.

Nowadays, the media and social media have made it all too easy for us and our children, to confuse celebrity with excellence. In a celebrity age, we need to caution our young people about worshipping fame and beauty. Celebrities can become heroes to our children mainly because they are attractive, rich and famous and not for any redeeming qualities they may have. Heroes?

So, what do we tell our children? We can start out by telling our children what a difference people of courage, noble qualities and genius have made to our world. We can tell them that these heroes are people like us, that heroes, too, are human and so what was possible for them is possible for us. They stumbled, wavered, even made fools of themselves, but they rose and accomplished something of great importance. Heroes instruct us by rising above the negative aspects of their lives and triumphing over their weaknesses. Heroes inspire us and push us towards our better self.

Childhood is the time when the influence of positive role models can be most decisive. Children should see in heroes what they yearn to see in themselves: the ability to overcome weakness, fear or insecurity and to be brave, courageous and kind. Being a hero is the sum of life, not just an event that happens; mistakes we make are just as important as the successes, if we learn from them.

Helen Keller, a famous author had these encouraging words for us: "I long to accomplish great and noble tasks, but it is my chief duty to accomplish humble tasks as though they were great and noble. The world is moved along not only by the mighty shoves of its heroes, but also by the aggregate of the tiny pushes of each honest person."

Good luck with your mighty pushes and tiny shoves over the coming few weeks.

Steven Jones
Principal

At St Patrick's we are making a difference by being safe, respectful learners.

UPCOMING DATES

Week 5

07/11 Assembly 8:45am

09/11 St Pauls Greystanes Year 7 Orientation Day

10/11 Parramatta Marist Year 7 Orientation Day

11/11 Remembrance Day

Week 6

14/11 Assembly 8:45am

18/11 Staff Development Day

NOTES HOME

26/10 [Touch Gala Day Permission Note](#)

3/11 [Term 4 Mission 2022](#)

ASSISTANT PRINCIPAL'S MESSAGE

Two boys argue on the playground while playing soccer with a group of classmates. One calls the other a cheater and threatens to tell the teacher. The other boy yells back that he's not a cheater, but that he never wants to play with the other boy again. He stomps away from the soccer game with his head held down. The game continues without him.

Building friendships is a process, and there are generally a few bumps along the road. While these ups and downs may seem minor, hurt feelings between friends can lead to unkind interactions and shifting friendships. The boy who was called a cheater, chose to end this conflict by walking away, but the conflict wasn't actually resolved.

A child who struggles to cope with frustration is likely to project that frustration onto a friend. A child who has difficulty finding solutions to friendship problems might feel hopeless when an argument occurs. Likewise a child who doesn't know how to verbalise his or her feelings will likely freeze up and shut down when conflict occurs.

This can be a challenging time for children and their parents. They may come home still upset about an incident that occurred during the day with their friends or peers. As parents we do not want to see our children in any distress and as adults we want to fix it or essentially rescue them so the conflict goes away.

However, as parents and teachers together, it is our responsibility to help our children or students learn to deal with these situations as they arise. Teaching kids practical skills to manage conflict in a healthy way will help them navigate everything from small squabbles to big issues both now and into their future.

If you are finding your child having some issues I encourage you to take a look at the following website for some excellent tips. Remember we are also always here to help so please let your child's teacher know

<https://kidshelpline.com.au/parents/issues/helping-kids-handle-conflict>

Conflict is a normal part of kids' lives

Learning to work out troubles is an important life lesson for kids

Kids who know how to manage conflict are happier, have healthy friendships and learn better at school.

How well kids are able to resolve conflict is related to their age, stage of development and life experiences.

We've got some tips to help you support your child at any age to become better at managing and resolving conflicts with others.

While it's easy to jump in and fix the problem, coaching kids on their conflict resolution skills can have longer-term future benefits for everyone! - Sky, Parentline Counsellor

Ideas to assist your child to deal with conflict

Here's how you can help your child handle conflict better:

Be a positive role model – Kids learn about resolving conflict by observing others.

Create a safe environment – Allow them to express themselves openly and honestly without fear of a negative or emotional reaction.

Teach them strategies to calm down – Such as deep breathing, relaxation, exercise, writing, drawing, painting or other expressive activities.

Work out how they feel – Talk it over to help them identify and process their feelings.

Help them manage their feelings – Help your child find ways to manage their feelings in the moment such as counting to 10 or walking away.

Work out what they want – Help them to understand their own needs or motivations.

Encourage empathy – Help them to figure out what the other child wants and how they might be feeling.

Teaching effective communication skills

Here are some skills that can help your child communicate more effectively during a conflict:



Building problem solving skills

Once kids have expressed and understood what the problem is, you can support them to work it out. Together with your child:

- Brainstorm a big list of solutions
- Help them think of different ways to solve the problem
- Talk about being flexible and making room for compromise
- Aim for a win-win solution – something that is fair for everyone
- Help them agree on a solution and be willing to give it a go
- Support them to think of possible consequences of solution
- Put the solution into action and see how it works

Tracy Hoey
Assistant Principal

RELIGIOUS EDUCATION COORDINATOR

MISSION AND OUTREACH

This term the staff and students of St Patrick's are 'Making a Difference' through outreach by supporting Catholic Missions, the Manning Foundation and the St Vincent de Paul Society.

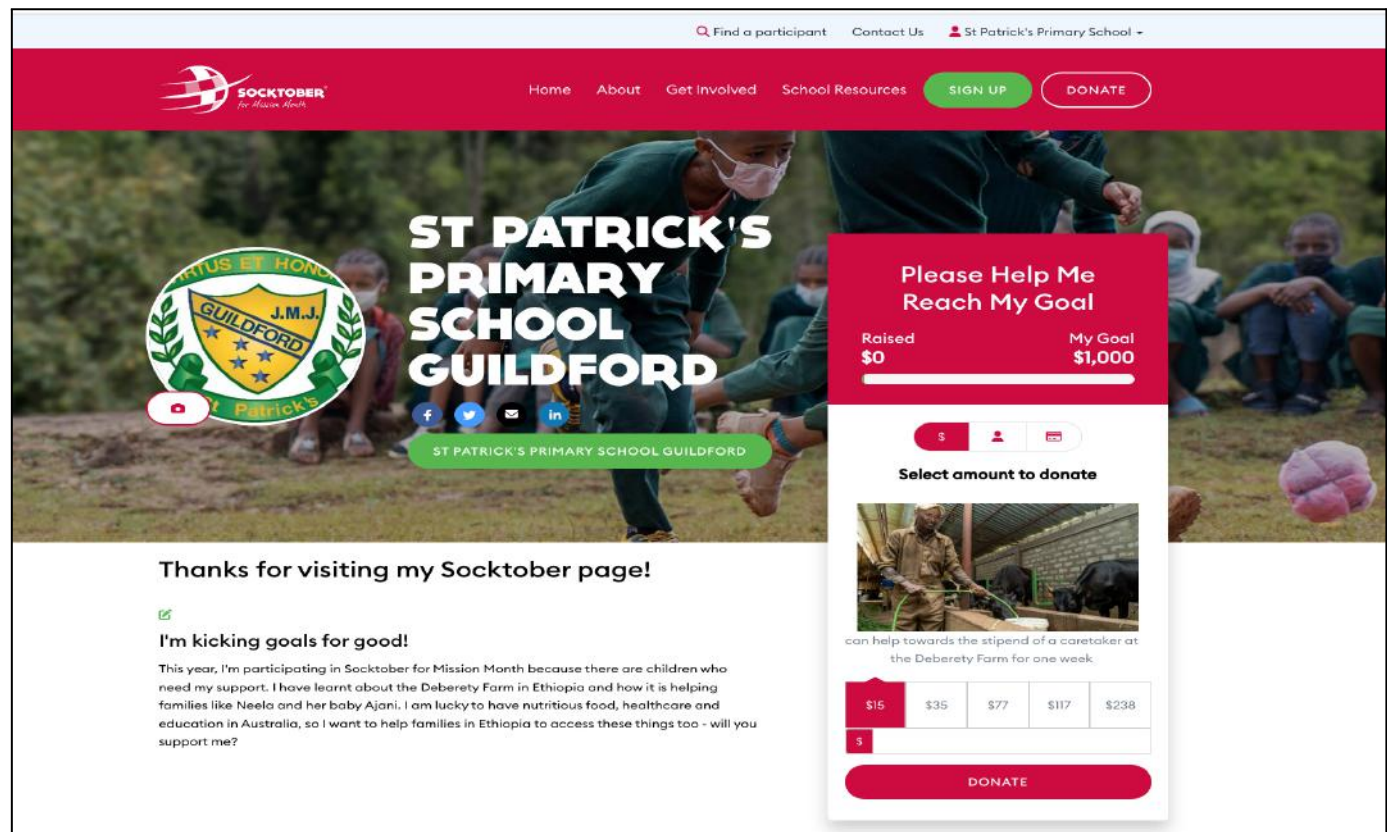
October is World Mission Month and later in the term, the festive season of Christmas and giving makes it only fitting that as a community we imitate the love, mission and service that Jesus demonstrated by being witnesses.

"You shall be my witnesses" (Acts 1:8)

Each student would have received a Mission letter and Mission Sponsorship card this week to start raising awareness and spread the message of mission and service. Please see the Mission letter link in the "Notes Home" section of the newsletter for a summary of this term's scheduled events.

Parents and friends are also invited to sponsor each child for completing their challenge tasks. Donations can also be made directly to Catholic Missions on the St Patrick's Primary School Guildford page using the link below. Our aim is to raise \$1000 this term. Let's try to achieve our goal! All money is due back to school by 16th November.

<https://www.socktober.org.au/fundraisers/StPatricksPrimarySchoolGuildford/socktober-2022>



Find a participant | Contact Us | St Patrick's Primary School

Home | About | Get Involved | School Resources | SIGN UP | DONATE

ST PATRICK'S PRIMARY SCHOOL GUILDFORD

Thanks for visiting my Socktober page!

I'm kicking goals for good!

This year, I'm participating in Socktober for Mission Month because there are children who need my support. I have learnt about the Deberety Farm in Ethiopia and how it is helping families like Neela and her baby Ajani. I am lucky to have nutritious food, healthcare and education in Australia, so I want to help families in Ethiopia to access these things too - will you support me?

Please Help Me Reach My Goal

Raised \$0 | My Goal \$1,000

Select amount to donate

\$15 | \$35 | \$77 | \$117 | \$238

DONATE



10th November- Crazy Sock Day and socktober goal shootout in class.

We are asking all students to wear their craziest socks with their school uniform in support of Catholic Missions Week. **Please bring a gold coin donation.**

CONFIRMATION



Please keep in your prayers the children who will receive the Sacrament of Confirmation on 19th November at 5.30pm. A reminder that all forms need to be returned to the Parish Office as soon as possible.

FEAST DAYS

10 November St Leo the Great
11 November St Martin of Tours
12 November St Josaphat

Yours in Christ,

Wardeh Khoury



Prayer for the Solemnity of All Saints

God of glory, You have blessed the world with many saints. May the lives of these holy women and men who truly loved You above all things inspire my heart. Let their courage renew my commitment to the Gospel. Let their example of discipleship strengthen my resolve to follow Christ. Let their undying devotion take root in my soul. And may the eternal glory they share with You be my light of hope. Amen.

MERIT AWARDS - Congratulations to the following students

KBlue	Nicolas Chami Riya Limbu	KGreen	Brooklyn Nop Elio Al Khoury Diab		
1Blue	Faith Serhan Christopher Kanaan	1Green	Lucas Galayini Grace Dias		
2Blue	Roccas Al Khoury Diab Amelia Alam	2Green	Lavin Joga Christian Saba	2Yellow	Jay Xia Raymond Ramia
3Blue	Sebastian Mattar Eliass Eliass	3Green	Antonio Diab Isaiah Mouwad		
4Blue	Carla Ishac Isaiah Restom	4Green	John Dib Isaac Moussa		
5Blue	Patrick Atieh Ellie Bailey	5Green	Alexia Hashim Youssef Elia		
6Blue	Lara Nohra Gabriel Semrani	6Green	Vaishnavi Aji Sienna Tatian		



GOLD AWARDS



Problem of the Week



Grade K	How many elephants are in the picture? How many more would make 10?
Grade 1	If 8 more elephants came to the watering hole how many elephants would there be?
Grade 2	One of the baby elephants weighs 90 kilograms. Another baby elephant weighs 5 kilograms less than that. How much does the other baby elephant weigh?
Grade 3	A baby elephant typically weighs about 100 kilograms. What are three possible weights for an elephant whose weight would round to 100?
Grade 4	A baby elephant typically weighs about 100 kilograms. An adult female elephant is about 30 times heavier than a baby elephant. List some possible weights of a female elephant? How do you know?
Grade 5/6	An African forest elephant's tusks grow about 17 cm each year. If an elephant lives to be 65 years old, about how long, in meters, would their tusks be?



Hand in your solutions to Miss Fadel or take a photo of your solutions and send to stpatsguildford@parra.catholic.edu.au. Every submission puts you in the draw for a chance to win a prize at the end of the term.

Dalia Fadel
Numeracy Leader

NEW SCHOOL UNIFORM

A reminder that all families requiring the new school uniform for the commencement of the 2023 school year need to ensure that they have ordered via the QKR app by close of business on Wednesday 9 November. Any orders after this date will not be delivered prior to the commencement of the 2023 school year. Tomorrow's fittings are booked out but there has been an additional fitting day added for Wednesday 9 November. Please see the message on Compass for further details.

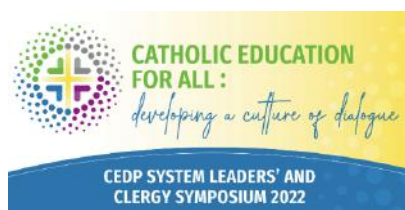
Please follow the [link](#) for instructions on how to download the QKR App and how to add student/s.

WELLBEING

As the weather is getting hotter it is a time to remind the children to always wear their school hats at school when outside. Paddy's message at assembly this week was to remind the children to wear their hats when playing. If parents could check that names are on hats and are washed and in children's bags each day. Congratulations to Year 1 who received two extra gems at assembly from Mrs Hoey which then filled their jar! They will look forward to a grade reward soon.



CATHOLIC EDUCATION DIOCESE OF PARRAMATTA SYMPOSIUM



This Thursday 3 November (today) and Friday 4 November (tomorrow) Mrs Khoury, Mrs Hoey, Sr Helen and Mr Jones are attending the Catholic Education Diocese of Parramatta Symposium: *Catholic education for all: developing a culture of dialogue* along with other leaders from school throughout the Parramatta Diocese. In the next newsletter, they will share some of the learning.

HATS

Just a reminder that it is an expectation that all students wear a hat during play times. Please make sure your child's name and class are clearly marked on the hat and check consistently as they fade quickly with sweat and washing. A reminder that hats are available for sale for \$5 from the school office.

ROAD SAFETY

When **crossing** Calliope Street, please use the crossings at the top and the bottom of the street.



When dropping your child(ren) off, remind them to walk on the **left hand side** of the footpath away from the kerb.

WHITE SPORTS SOCKS

A reminder that all students are to wear white ankle sports socks (not no show or black socks) with their sports uniform.



2023 NAPLAN DATES

The 2023 NAPLAN testing will take place for students in Years 3 and 5 from 15 March to 27 March 2023. Please note that this is towards the end of Term 1.

SCHOOL DATES 2023

To assist families in planning, please see below the 2023 school dates.
 Term 1 - Tuesday 31 January Years 1-6 Students commence
 Thursday 2 February Kindergarten students commence
 Thursday 6 April - last day of Term 1
 Term 2 - Monday 24 April to Friday 30 June (Tuesday 25 April - ANZAC Day)
 Term 3 - Monday 17 July to Friday 22 September
 Term 4 - Monday 9 October to Monday 18 December

IMPORTANT - ALLERGIES, ASTHMA & ANAPHYLAXIS

Parents of children with asthma, anaphylaxis or allergic reactions must notify the school of any specific causes that may precipitate an attack, and the appropriate medical action plan. The prompt notification to the school of a diagnosis or increase in severity of an allergy and or allergy is extremely important to ensure the wellbeing and safety of your child. Over the past few months there have been a number of situations where the school was not aware until speaking with a parent.

SPORT

Thankyou for your patience and understanding this term regarding all sporting events. It has been a challenging year due to weather conditions in regards to Sports Gala Days, however we are fortunate enough to have some at the end of this term.

Next week we will be sending Stage 2 students to the Basketball Gala Day on Monday 7th November, as well as, Stage 3 to the Touch Footy Gala Day Friday 11th November.

If you have any children in High School who are interested in refereeing for any of these events please let me know if they would be available and I can arrange for them to attend.

Alexander Meoli (Sports Coordinator)