

Dear Parents,

#### **BON APPETIT CATERING**

The St Patrick's canteen will be open for breakfast from 8:00-8:25am and at recess and lunchtime.

To assist families with the ordering of lunch orders there are three options.

- 1. Order online via an app Flexischools (see below for how to download)
- 2. Send with your child(ren) a lunch order please ensure all lunch orders are placed in a paper bag with the order, the child's name and class.
- 3. Order directly over the counter at the school canteen from 8:00-8:25am.



Step 1: Download the App

Download the Flexischools app from the App Store or from Google Play.

Note: for iPhone and iPad please select 'Allow' notifications.

#### Step 2 - Add your School and Group

- Click on the search icon and search for St Patrick's Guildford.
- Select St Patrick's Guildford and add your year group or groups relevant to you e.g. Year 2Blue.

#### Step 3 - Add your Flexischools Account

Click the 'Order now' button located in the bottom right-hand corner of the app, this will open up a login screen.

- Already a Flexischools User Enter your details and login.
- New Flexischools User Click 'Register,' enter your email address and follow the instructions in the email.

#### Step 4 - Place your Order

- Click on the 'Order now' button located in the bottom right-hand menu of the app.
- Select the items you wish to order.
- Select payment option and complete payment.

# bonappétit

# PRIMARY SCHOOL MENU

St Patrick's Guildford

### Breakfast

Yoghurt & Muesli \$3.00
Cereal with Skim Milk \$2.50
Raisin Toast \$2.50
Toast with Spread \$1.00
Toasted sandwiches From \$2.00
Banana Bread \$2.50

# Fresh Salad Box

Greek Salad Reg \$3.00 Lrg \$5.00
Chicken Caesar Salad Reg \$4.00 Lrg \$6.00
Tuna Salad Reg \$4.00 Lrg \$6.00
Pasta Salad Reg \$3.00 Lrg \$5.00
Seasonal Fruit Salad Reg 3.00 Lrg \$4.50
Fresh Tub of Watermelon Reg 2.50 Lrg \$4.00

# Hot Food

All foods are grilled or oven baked (No frying)

Baked Vegetable Spring Rolls \$4.00 Chicken Breast Nuggets (5) \$4.00 Grilled lean Cheese Burger \$5.00 Chicken Fillet Burger \$5.00 Lean Meat Pie \$4.00 Potato Pie \$4.50 Baked Chicken Roll with Mayo \$4.50 Baked Potato Wedges \$4.00 Lean Hotdog \$3.50 Lean Sausage Roll \$3.50 Beef or Vegetarian Lasagna \$5.00 Steamed Prawn Dumpling \$4.50 Noodle Cups \$3.50 Pizza Wrap (Oregano/Cheese/BBQ Chicken) \$4.50 Spinach and Feta Cheese Roll \$4.50 Macaroni and Cheese \$5.00

# Snacks

Garlic Bread 4 inch \$2.50
Baked Hash Brown \$1.20
Corn Cobs \$1.20
Chicken Wings Hot and Spicy \$1.50
Fresh Tub of Watermelon \$4.00
Homemade Low Fat Muffins \$2.50
Carrot or Cucumber Sticks with Hommus \$1.50
Cheese and Crackers \$1.50
Sugar Free Jelly \$1.50
Custard & Jelly \$2.00
Mini Pie \$1.20
Mini Sausage Roll \$1.20
Canteen Approved Chips from \$1.00
Fresh Fruit Pieces \$1.00

Many more healthy snacks available on counter starting from 50c

# Sandwiches/Wraps

#### Make your own sandwich or wrap

Cheese and Tomato \$3.50

Vegemite or Jam Sandwich \$3.00

Cheese & Salad Sandwich \$4.00

Ham/Cheese/Tom Sandwich \$4.00

Ham/Cheese \$3.50

Tuna Sandwich \$4.00

Turkey and Canberry Sandwich \$4.00

Falafel Wrap \$5.00

Chicken Salad Wrap \$5.00

Kafta (lamb Mince) Wrap \$5.00

Lean Turkey or Ham Salad Wrap \$5.00

Tuna Salad Wrap \$5.00

Cheese Salad Wrap \$5.00

#### Extra toppings 0.50c

Available in White, Wholemeal, Gluten Free, Bread roll or Lebanese bread

# Alternating daily specials

#### Check the daily special board or Flexischools

Spaghetti Bolognaise \$4.50

Spaghetti Napolitana \$4.00
Vegetarian Fried Rice \$4.00
2 Kafta patties, Hommus and Lebanese bread \$4.50
Butter Chicken with Rice \$4.50
Beef Nachos with Cheese \$5.00
Sushi Combo - Tuna/Chicken or Veg Sushi
plus juice cup and want want rice snack \$5.50
Vietnamese Rice Paper Roll \$4.00

# Frozen Treats/Drinks

100% Orange Frozen Juice Cup \$1.50
Ice Block \$1.00
Icey Mony \$1.50
99% Fruit Juice Slushie \$2.50
Spring Water 600mls \$2.50
Flavoured Milk Small \$2.80 Plain \$1.80
Just Juice Popper (Apple/Orange) \$2.00
Juice Bombs \$2.50
Up and Go \$3.00