Dear Parents

The last day of winter was last Monday. The days are getting longer. In fact the day still contains 24 hours but there is more daylight and that extra light seems to give people more energy.

There must be a message in the relationship between the light and the energy. How do we capture extra times of light in which to motivate and energise our children?

At school and at home, children can seem to loose their energy when they feel they do not understand. It is necessary for parents and teachers to look for ways in which to respond to the children and keep them motivated.

With spring here, let’s harness our renewed energy and work with each other in the light of our shared purpose (an excellent education set firmly in Catholic Gospel Values) and shared hopes (happiness and pleasing results) for our children.

Happy Father’s Day to all our dear dads. Let us pray that they will know happiness as they continue to reveal the love of God our Father in the hopes and hearts of their children.

God, bless all the fathers in the world
Guide them to be good role models and loving to all their children
Help them to be a father like You are.
Give them grace and patience to handle situations in a loving way.
Amen

Warm Regards
Philip Mahony
Principal
FROM THE SPORT COORDINATOR

DIOCESAN ATHLETICS CARNIVAL

On the 21st of August, a group of 11 students represented St Patrick's Primary and Cumberland Zone at the Diocesan Athletics Carnival. Congratulations to Enryko Vainuupo, Marc Bouanassif, Latu Fainu, Dominic McGregor, Frank Virzi, Ben McGregor, Dion Lenden, Gaby Tannous, Sarah Hofman, Eliza Tannous and Cynthia Maka. All students competed to the best of their ability on the day and received great personal results.

Congratulations to Frank Virzi who came third in the 12 years 100m in the final and is now selected to go in the Mackillop team to represent Parramatta on Monday 14th September at Sydney Olympic Park at Homebush. We wish him all the best at the next level of competition.

LIBRARY NEWS

What a great few weeks we are going to have in the Library. I hope you all received your note outlining the important dates over the next few weeks with our Book Fair, Book Week Competitions and our Book Character Parade.

The Book Fair is open! You can come in on Friday, Monday or Tuesday from 8:15-8:35 and then in the afternoon from 2:45-3:15. The children can also purchase items during lunchtime on Friday, Monday and Tuesday.

The children are working hard on their competitions and we look forward to judging them.

The Book Character Parade will be held on the last day of term, Friday 18th September. It will commence at 9:30am.

| SEPTEMBER  | 2nd | Sadie Ters  |
|           | 4th |
|           |     | Rania Antoun|
| 7th       | 9th | Lisa Antoun |
| Samantha  | 11th| Natalie Durbidge |
| Keirouz   | Maria Uno |
| Joanne    | Maria Reynolds|
| Elias     | Rosie Narse |
| 14th      | 16th| Melissa Bourchdan |
| Tae-Kyong | 18th| Samantha Khattar |
| Kim       | Rosie Narse |
| Samantha  |        |
| Keirouz   |        |
| 5th       | 7th  | Lisa Antoun |
| Public Holiday | 9th  | Natalie Durbidge |
|           | Maria |
| 12th      | 14th| Melissa Bourchdan |
| Samantha  | 16th| Samantha Khattar |
| Keirouz   | Rosie Narse |
| Tae-Kyong |        |
SACRAMENTAL PROGRAM

FIRST HOLY COMMUNION

The Parish has been celebrating Mass with the first communicants at the Saturday Vigil Mass and 10am Masses on Sunday throughout this month of August. I would like to thank our Year 3 Teachers: Sr Lucy, Miss Mansour and Mr Bladwell for their dedication and expert instruction in preparing the children for this Sacrament. I hope that this is the first of many communions that they will receive to inspire them to live life as Jesus taught us to.

THE BIRTH OF THE VIRGIN MARY

The Feast of the Birth of the Blessed Virgin Mary has been celebrated in the Church at least since the 8th Century. The birth of Mary was miraculous. She was conceived without sin as a special grace because God had selected her to become the mother of His Son. There is nothing contained in Scripture about the birth of Mary or her parentage, though Joseph's lineage is given in the first chapter of the Gospel of Matthew. The names of Mary's parents, Joachim and Anna, appear in the Gospel of James, a book dating from the 2nd Century AD, not part of the authentic canon of Scripture. According to this account, Joachim and Anna were also beyond the years of child-bearing, but prayed and fasted that God would grant their desire for a child. In celebrating the nativity of Mary, Christians anticipate the Incarnation and birth of her Divine Son, and give honour to the mother of Our Lord and Saviour.

EXALTATION (TRIUMPH) OF THE CROSS

This feast was observed in Rome before the end of the seventh century. It commemorates the recovery of the Holy Cross, which had been placed on Mt. Calvary by St. Helena and preserved in Jerusalem, but then had fallen into the hands of Chosroas, King of the Persians. The precious relic was recovered and returned to Jerusalem by Emperor Heralius in 629.

To follow Christ we must take up His cross, follow Him and become obedient. We identify with Christ on the Cross and become co-redeemers, sharing in His cross. We make the Sign of the Cross before prayer, which helps to fix our minds and hearts to God. After prayer we make the Sign of the Cross to keep close to God. During trials and temptations our strength and protection is the Sign of the Cross. At Baptism we are sealed with the Sign of the Cross, signifying the fullness of redemption and that we belong to Christ. We should look to the cross frequently, and realise that when we make the Sign of the Cross we give our entire self to God — mind, soul, heart, body, will and thoughts.

Yours in Christ,  
Wardeh Khoury
THE TEDDY TEA PARTY

Written by Alannah Rahban 1H

I danced full of excitement on Monday because we were having a teddy tea party. I was twirling around excited. I was laughing with glee.

When we went in class we read funny stories. Me, teddy, Isabella H and Chelsea listened to Pig the Pug, Go to Sleep Jessie and Scary Night. My teddy’s favourite book was Pig the Pug because she liked seeing everybody in IM and IH flipping their wig.

We told our teddy posh rules for our tea party. I said, “No shoving food in your mouth.” Then of course we had our wonderful tea party. There was delicious food that was so yum. When I ate chilli chips I had to drink water.

After that, we had to clean up. Cleaning up, I think is the worst! Finally the bell rang and I couldn’t eat anything for recess. I was going to BLOW UP LIKE A BALLOON.

FROM THE SCHOOL LEADERS

Welcome everybody to Week 8. This term has been so successful. We are looking forward to Friday as the Father’s Day Liturgy is on. We hope as many fathers come as possible. Lets show them how special they are. Happy Father’s Day to all the dads!

Dance Fever is coming up. We hope that everyone is practising their dance moves at home. A big thank you to Antonio and Ashley, our dance instructors for preparing us for this big night. We wish everyone who is competing the best of luck.

Charlie-Rose El Riachi, Julian Barakat, Josephine Moujaes, Tony Ashkar, Madison Yagki, Teresa Akkarri, Mikayla Issa, Isaac Halloun and George Alam.

The 2015 St Patrick’s Debating Team

They participated in three debates at Delaney College during the month of August. The debaters performed brilliantly and whilst they didn’t make it to the final, they learned much from the experience and made their coach, Ms Burke, very proud. Debating builds confidence; improves articulation and helps students to think critically and creatively.

From left: Alice, Antonia, Kaja, Ray, Alicia, Monique.
LET'S GO GREEN for fruit and Veg Month

As you are aware St Patrick's is celebrating fruit and Veg Month which incorporates the Crunch and Sip Programme. Our school has had a very successful first two weeks with the selling of apple slinkies and fruit salad cups in the canteen. We had a large number of students who were very keen and excited to purchase an apple slinky. There was a slow start to the purchase of the fruit salad cups during morning tea, however, after the students heard about the lovely array of fruits used and its delicious sweet taste, they were quick to grab the left over at lunch. All the students very much enjoyed the selection of fruits provided. You can see this in the happy snaps over the page.

Our School Canteen will be selling fruit kebabs next Monday during morning tea and possibly any extras for lunch. We would like to thank the parents who gave their time to come and help support the programme with food preparation and selling in the canteen. If there are any parents available on the following days to help in the canteen it would be greatly appreciated.

Week 9 Monday 7th September
Fruit Kebab-Selection of winter/spring fruits cut and served on a kebab stick. Cost to be advised.

Week 10 Monday 14th September
On the Monday of week ten parents will be encouraged to help their child pack a healthy lunchbox which may include 2 fruits and 5 vegies. We will also be encouraging parents to use fewer wrappers and pack food items in recyclable packages or reusable packages. There may possible be a new salad for lunch on the menu in the canteen. A note will be handed out with more details.

Thank you
Miss Deanna Russo                  Mrs Margaret Bakhos
Fruit and Veg Coordinator          Canteen
St Patrick's Primary School, Guildford

I _________________________parent/guardian of ________________________ class ______
Would be able to help in the canteen on the following days.
(Please circle your available days)
Week 9 Monday 7th September
Fruit Kebab-Selection of winter/spring fruits cut and served on a pop stick.

Week 10 Monday 14th September
Possible preparation of salads for lunch in the canteen.

Contact number:________________________ Parent Signature________________________
The delicious rainbow fruit salad

The crunchy and juicy apple slinky!